令和2年度　　9　月　　新宮町立新宮中学校　部活動計画

| 日 | 曜 | 陸上競技 | | | サッカー | | | 女子卓球 | | | 剣道(男女) | | | 柔道(男女) | | | 男子バレー | | | 女子バレー | | | 男子バスケ | | | 女子バスケ | | | 軟式野球 | | | 男子ソフトテニス | | | 女子ソフトテニス | | | 吹奏楽 | | | 美術 | | | ガーデニング | | | 家庭科 | | | 水泳 | | | 放送 | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 9/1 | 火 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF |
| 9/2 | 水 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF |
| 9/3 | 木 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF |
| 9/4 | 金 | 16:00 | ～ | 18:30 | 16:00 | ～ | 18:30 | OFF | ～ | OFF | 16:00 | ～ | 18:30 | 16:00 | ～ | 18:15 | 16:00 | ～ | 18:30 | 16:00 | ～ | 18:30 | 16:00 | ～ | 18:30 | 15:45 | ～ | 18:45 | 15:45 | ～ | 18:30 | 15:45 | ～ | 18:00 | 15:45 | ～ | 18:30 | 15:45 | ～ | 18:30 | 15:45 | ～ | 18:30 | 15:45 | ～ | 16:30 | 15:45 | ～ | 18:00 | 15:45 | ～ | 18:30 | 15:45 | ～ | 18:30 |
| 9/5 | 土 | 7:00 | ～ | 10:30 | 9:00 | ～ | 12:00 | 13:00 | ～ | 16:00 | 9:00 | ～ | 12:00 | 9:30 | ～ | 12:00 | 9:00 | ～ | 12:00 | 8:00 | ～ | 12:00 | 8:00 | ～ | 12:00 | 8:00 | ～ | 11:00 | 8:30 | ～ | 12:30 | 8:00 | ～ | 12:00 | 8:00 | ～ | 12:00 | 9:00 | ～ | 12:00 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | 8:30 | ～ | 12:00 | OFF | ～ | OFF |
| 9/6 | 日 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | 7:30 | ～ | 13:30 | 13:00 | ～ | 16:30 | 8:00 | ～ | 12:00 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF |
| 9/7 | 月 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 16:00 | ～ | 18:15 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:15 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | OFF | ～ | OFF | OFF | ～ | OFF | 17:00 | ～ | 18:30 | 15:45 | ～ | 18:30 | 15:45 | ～ | 18:30 | 16:45 | ～ | 17:30 | 16:45 | ～ | 18:00 | OFF | ～ | OFF | 15:45 | ～ | 18:30 |
| 9/8 | 火 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:15 | 17:00 | ～ | 18:30 | OFF | ～ | OFF | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | OFF | ～ | OFF | 16:45 | ～ | 18:30 | 16:45 | ～ | 18:30 | 16:45 | ～ | 17:30 | 16:45 | ～ | 18:00 | 16:45 | ～ | 18:30 | 16:45 | ～ | 18:30 |
| 9/9 | 水 | 16:00 | ～ | 18:30 | OFF | ～ | OFF | 17:00 | ～ | 18:30 | 16:00 | ～ | 18:30 | OFF | ～ | OFF | OFF | ～ | OFF | 17:00 | ～ | 18:30 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF |
| 9/10 | 木 | OFF | ～ | OFF | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | OFF | ～ | OFF | 17:00 | ～ | 18:15 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | OFF | ～ | OFF | 16:45 | ～ | 18:30 | 16:45 | ～ | 18:30 | 16:45 | ～ | 17:30 | 16:45 | ～ | 18:00 | 16:45 | ～ | 18:00 | 16:45 | ～ | 18:30 |
| 9/11 | 金 | 16:00 | ～ | 18:30 | 16:00 | ～ | 18:30 | OFF | ～ | OFF | 16:00 | ～ | 18:30 | 16:00 | ～ | 18:15 | 16:00 | ～ | 18:30 | 16:00 | ～ | 18:30 | 16:00 | ～ | 18:30 | 16:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 16:00 | ～ | 18:30 | 15:45 | ～ | 18:30 | 15:45 | ～ | 18:30 | 15:45 | ～ | 16:30 | 16:45 | ～ | 18:00 | 16:45 | ～ | 18:00 | 15:45 | ～ | 18:30 |
| 9/12 | 土 | 7:00 | ～ | 10:30 | 9:00 | ～ | 12:00 | OFF | ～ | OFF | 9:00 | ～ | 12:00 | 9:30 | ～ | 12:00 | 9:00 | ～ | 12:00 | 8:00 | ～ | 11:30 | 8:00 | ～ | 12:00 | 8:00 | ～ | 11:00 | 7:30 | ～ | 13:30 | 8:00 | ～ | 12:00 | 8:00 | ～ | 17:00 | 9:00 | ～ | 12:00 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | 8:30 | ～ | 12:00 | OFF | ～ | OFF |
| 9/13 | 日 | OFF | ～ | OFF | OFF | ～ | OFF | 8:30 | ～ | 11:30 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | 7:30 | ～ | 13:30 | 13:00 | ～ | 16:30 | 8:00 | ～ | 12:00 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF |
| 9/14 | 月 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:15 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | OFF | ～ | OFF | OFF | ～ | OFF | 17:00 | ～ | 18:30 | 16:45 | ～ | 18:30 | 16:45 | ～ | 18:30 | 16:45 | ～ | 17:30 | 16:45 | ～ | 18:00 | OFF | ～ | OFF | 16:45 | ～ | 18:30 |
| 9/15 | 火 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:15 | 17:00 | ～ | 18:30 | OFF | ～ | OFF | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | OFF | ～ | OFF | 16:45 | ～ | 18:30 | 16:45 | ～ | 18:30 | 16:45 | ～ | 17:30 | 16:45 | ～ | 18:00 | 16:45 | ～ | 18:30 | 16:45 | ～ | 18:30 |
| 9/16 | 水 | 16:00 | ～ | 18:30 | OFF | ～ | OFF | 17:00 | ～ | 18:30 | 16:00 | ～ | 18:30 | OFF | ～ | OFF | OFF | ～ | OFF | 16:00 | ～ | 18:30 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | 17:00 | ～ | 18:30 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF |
| 9/17 | 木 | OFF | ～ | OFF | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | OFF | ～ | OFF | 17:00 | ～ | 18:15 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | OFF | ～ | OFF | 16:45 | ～ | 18:30 | 16:45 | ～ | 18:30 | 16:45 | ～ | 17:30 | 16:45 | ～ | 18:00 | 16:45 | ～ | 18:00 | 16:45 | ～ | 18:30 |
| 9/18 | 金 | 16:00 | ～ | 18:30 | 16:00 | ～ | 18:30 | OFF | ～ | OFF | 16:00 | ～ | 18:30 | 16:00 | ～ | 18:15 | 16:00 | ～ | 18:30 | 16:00 | ～ | 18:30 | 16:00 | ～ | 18:30 | 16:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 16:00 | ～ | 18:30 | 15:45 | ～ | 18:30 | 15:45 | ～ | 18:30 | 15:45 | ～ | 16:30 | 16:45 | ～ | 18:00 | 16:45 | ～ | 18:00 | 15:45 | ～ | 18:30 |
| 9/19 | 土 | 7:00 | ～ | 10:30 | 9:00 | ～ | 12:00 | 8:30 | ～ | 11:30 | 9:00 | ～ | 12:00 | 9:30 | ～ | 12:00 | 8:00 | ～ | 12:00 | 8:00 | ～ | 11:30 | 8:00 | ～ | 12:00 | 8:00 | ～ | 11:00 | 7:30 | ～ | 13:30 | 8:00 | ～ | 12:00 | 8:00 | ～ | 17:00 | 9:00 | ～ | 12:00 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | 8:30 | ～ | 12:00 | OFF | ～ | OFF |
| 9/20 | 日 | OFF | ～ | OFF | 新宮カップ | | | OFF | ～ | OFF | 9:00 | ～ | 12:00 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | 8:00 | ～ | 11:00 | 7:30 | ～ | 13:30 | 13:00 | ～ | 16:30 | 8:00 | ～ | 12:00 | 9:00 | ～ | 12:00 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF |
| 9/21 | 月 | 7:00 | ～ | 10:30 | 新宮カップ | | | 8:30 | ～ | 11:30 | 9:00 | ～ | 12:00 | OFF | ～ | OFF | 8:00 | ～ | 12:00 | 8:00 | ～ | 11:30 | 8:00 | ～ | 12:00 | OFF | ～ | OFF | OFF | ～ | OFF | 8:00 | ～ | 12:00 | 8:00 | ～ | 17:00 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF |
| 9/22 | 火 | 7:00 | ～ | 10:30 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | 9:30 | ～ | 12:00 | 8:00 | ～ | 12:00 | 8:00 | ～ | 12:00 | 8:00 | ～ | 12:00 | OFF | ～ | OFF | 7:30 | ～ | 13:30 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF |
| 9/23 | 水 | 16:00 | ～ | 18:30 | OFF | ～ | OFF | 17:00 | ～ | 18:30 | 16:00 | ～ | 18:30 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | 17:00 | ～ | 18:30 | 16:45 | ～ | 18:30 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF |
| 9/24 | 木 | OFF | ～ | OFF | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | OFF | ～ | OFF | 15:00 | ～ | 18:00 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | OFF | ～ | OFF | 16:45 | ～ | 18:30 | 16:45 | ～ | 18:30 | 16:45 | ～ | 17:30 | 16:45 | ～ | 18:00 | 16:45 | ～ | 18:00 | 16:45 | ～ | 18:30 |
| 9/25 | 金 | 16:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | OFF | ～ | OFF | 16:00 | ～ | 18:30 | 15:30 | ～ | 18:30 | 17:00 | ～ | 18:30 | 16:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 16:00 | ～ | 18:30 | 15:45 | ～ | 18:30 | 15:45 | ～ | 18:30 | 14:45 | ～ | 15:30 | 16:45 | ～ | 18:00 | 16:45 | ～ | 18:00 | 15:45 | ～ | 18:30 |
| 9/26 | 土 | 7:00 | ～ | 10:30 | 9:00 | ～ | 12:00 | 8:30 | ～ | 11:30 | 9:00 | ～ | 12:00 | 9:30 | ～ | 12:00 | 9:00 | ～ | 12:00 | 8:00 | ～ | 11:30 | 8:00 | ～ | 12:00 | 8:00 | ～ | 11:00 | 7:30 | ～ | 13:30 | 8:00 | ～ | 12:00 | 8:00 | ～ | 12:00 | 9:00 | ～ | 12:00 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | 8:30 | ～ | 12:00 | OFF | ～ | OFF |
| 9/27 | 日 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | 7:30 | ～ | 13:30 | 13:00 | ～ | 16:30 | 8:00 | ～ | 12:00 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF |
| 9/28 | 月 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:15 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | OFF | ～ | OFF | OFF | ～ | OFF | 17:00 | ～ | 18:30 | 16:45 | ～ | 18:30 | 16:45 | ～ | 18:30 | 16:45 | ～ | 17:30 | 16:45 | ～ | 18:00 | OFF | ～ | OFF | 16:45 | ～ | 18:30 |
| 9/29 | 火 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:15 | 17:00 | ～ | 18:30 | OFF | ～ | OFF | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | 17:00 | ～ | 18:30 | OFF | ～ | OFF | 16:45 | ～ | 18:30 | 16:45 | ～ | 18:30 | 16:45 | ～ | 17:30 | 16:45 | ～ | 18:00 | 16:45 | ～ | 18:30 | 16:45 | ～ | 18:30 |
| 9/30 | 水 | 16:00 | ～ | 18:30 | OFF | ～ | OFF | 17:00 | ～ | 18:30 | 16:00 | ～ | 18:30 | OFF | ～ | OFF | OFF | ～ | OFF | 16:00 | ～ | 18:30 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | 17:00 | ～ | 18:30 | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF | OFF | ～ | OFF |
| | | | ～ | | | ～ | | | ～ | | | ～ | | | ～ | | | ～ | | | ～ | | | ～ | | | ～ | | | ～ | 男子ソフトテニス部と女子ソフトテニス部は<br>学年ごとに練習が行われるときもあります。 | | | ～ | | | ～ | | | ～ | | | ～ | | | ～ | | | ～ | | |